

*The STPN wish you all a very happy new year!
We look forward to working with you in 2022.*



Surge Planning Update

Week commencing Wednesday 5 January

As the Respiratory surge is abating we are planning to reduce the frequency of this newsletter to 2 weekly for a couple of months and then monthly. Please note that we will start to include a focus on Surgical Elective Recovery which will become an important part of working together in early 2022.

STPN Dashboard Graphs

Figure 1: Paediatric beds occupied in STPN DGHs

There has continues to have been a steady decline in the number of children with LRTIs admitted over the last couple of weeks, with activity in general lower over the festive period. This reflects the national data which also shows a reduction in LRTIs.

PLEASE make it your New Year's resolution to complete the dashboard every day

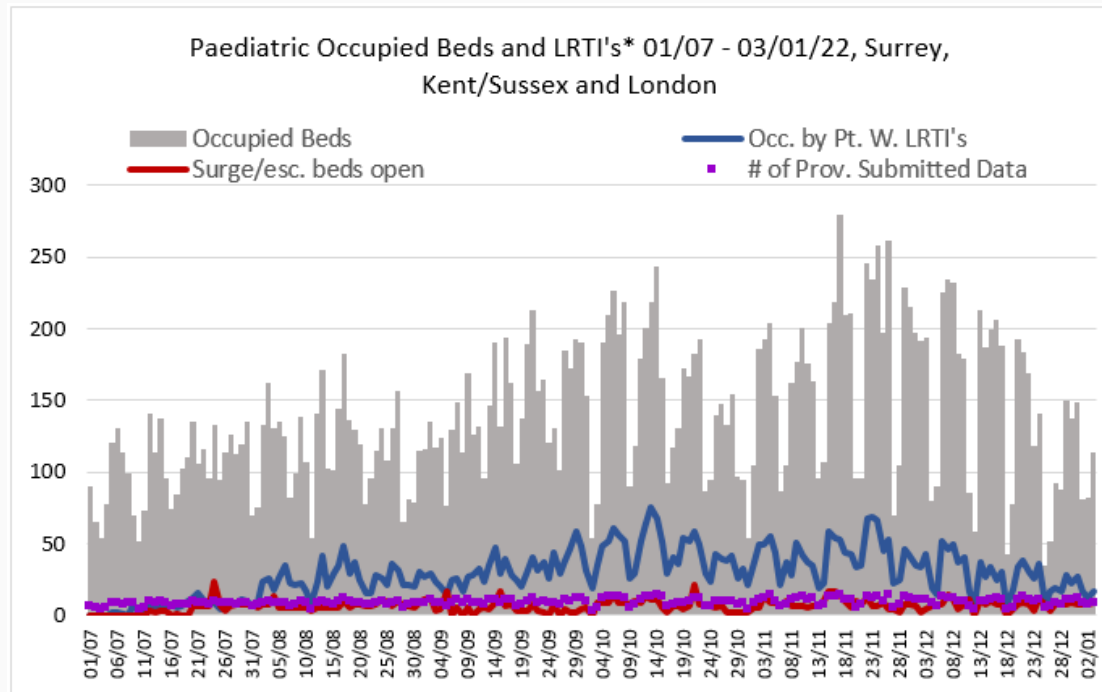


Figure 2: Paediatric Intensive Care (PICU) beds occupied in STPN

The black line in the graph below shows a drop in the number of children being admitted to PCC with LRTIs. There was also a decrease in the numbers of patients requiring critical care over the festive period.

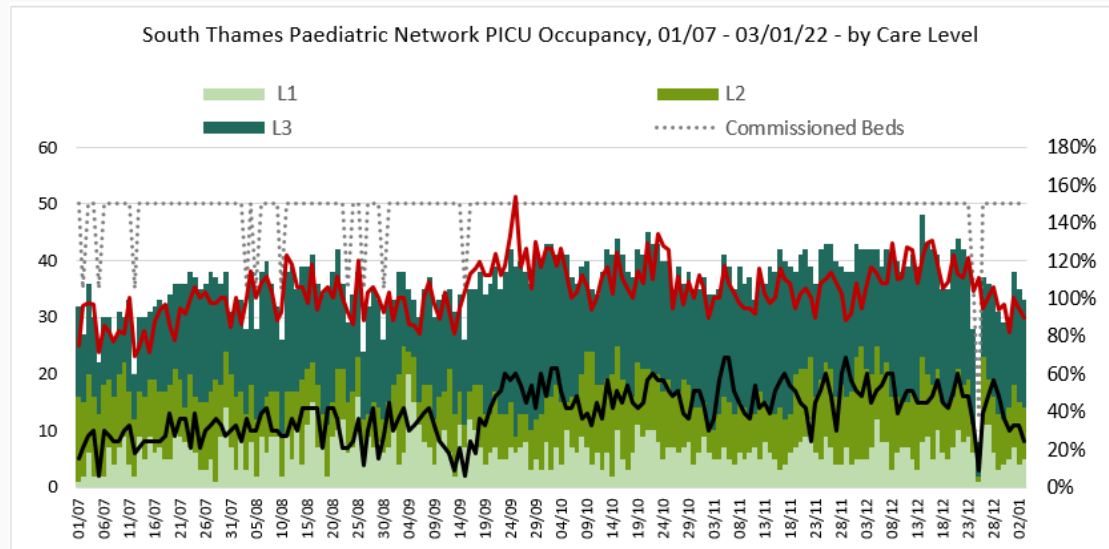


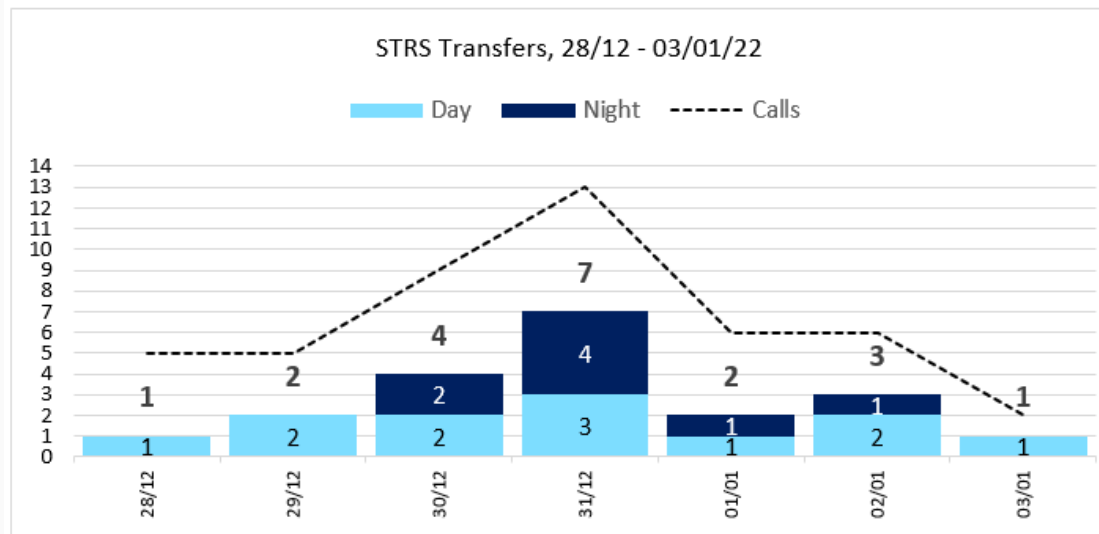
Figure 3: South Thames Retrieval Service (STRS) calls and transfers

Overall the last week has seen around 2 retrievals per day apart from on Friday 31st December when there was a peak in calls and an associated increase in retrievals. Of the 20 retrievals in the last week by STRS, 4 (20%) were for children with Bronchiolitis which is down for the 45-48% during the first two weeks of December, and 32% in the week before Christmas.

There were 3 retrievals for children with Covid-19 related pneumonia which is the same

as w/c 16th December. There were 4 retrievals for patients with a diagnosis of PIMS-TS.

A plea from STRS and all the PIC units to please ensure that COVID-19 PCR tests are undertaken at the earliest possible moment to ensure best use of limited cubicle/isolation facilities at all sites.



National Reports

Figure 4: weekly confirmed COVID-19 rates per 100,000 population by region, UKHSA (week 51, 23 Dec 2021)

This data particularly demonstrates the rise in COVID-19 cases in all age groups in London and East of England region at the end of 2021.

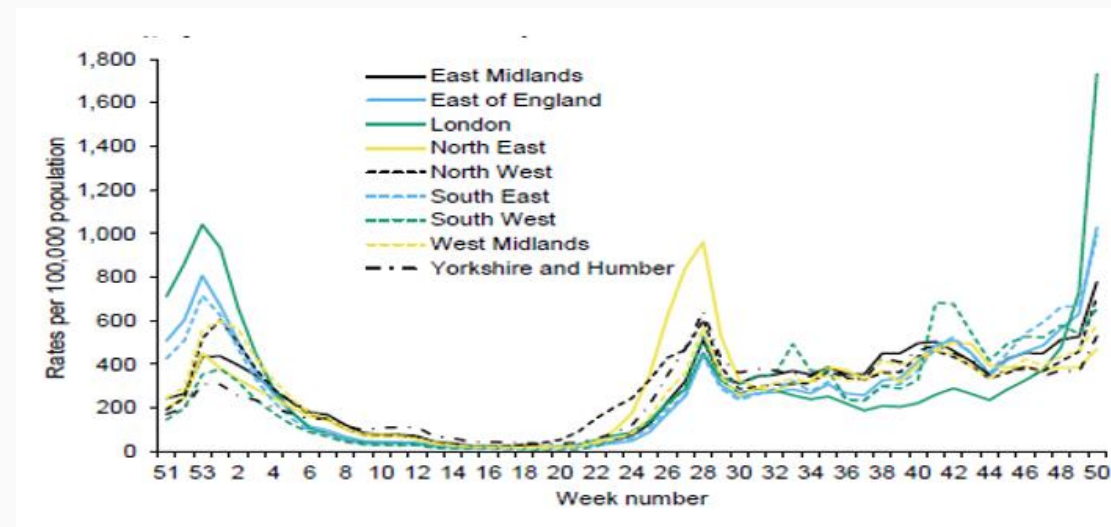


Figure 5: Weekly confirmed COVID-19 rates per 100, 000 population by age group, from UKHSA

For the same, at the end of 2021, there appears to be a levelling off in the number of children under 4 years testing positive and a reduction in the 5-9 year group. However there was continued upward trend in the 10-19 year old group and young adults.

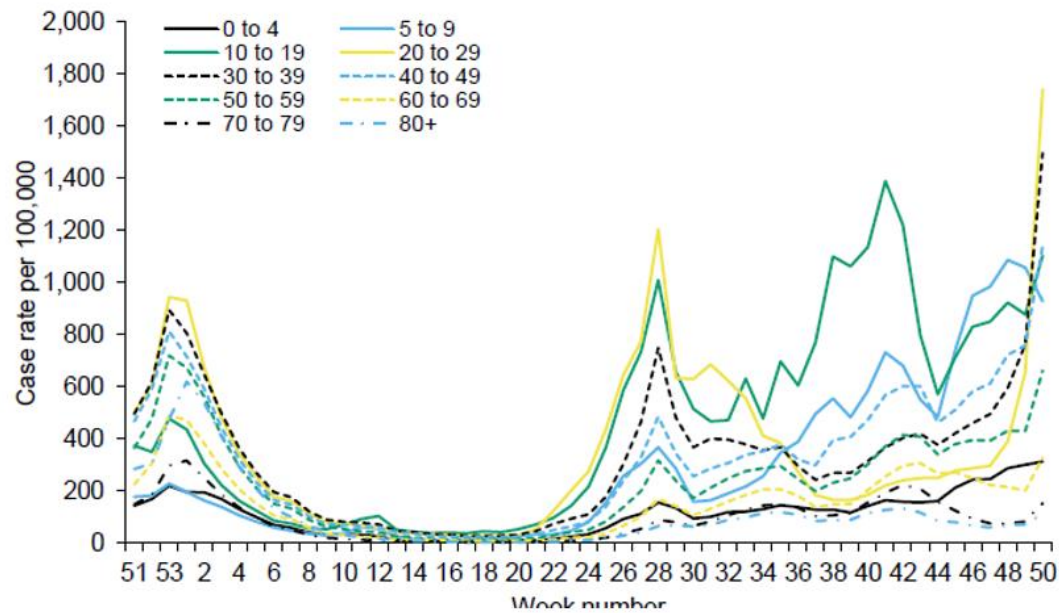
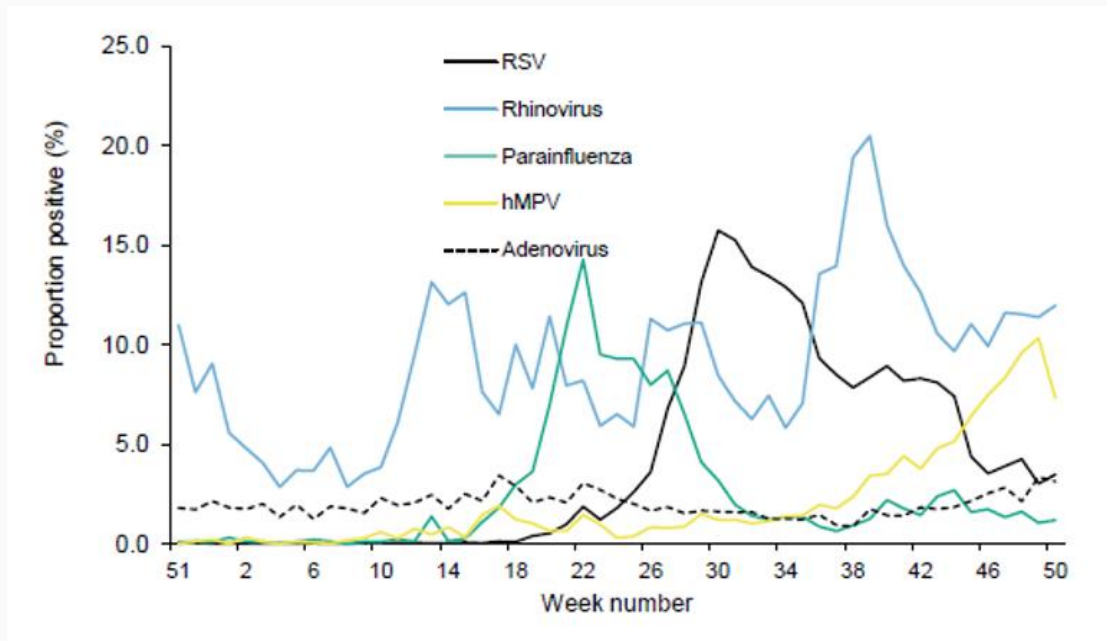


Figure 6: Weekly positive reports for all respiratory viruses (from week 51, HSA weekly national influenza and covid-19 report)

Towards the end of December 2021 there was a clear reduction in positive reports for all of the other respiratory viruses apart from Rhinovirus.



SE Regional PIMS-TS MDT

A multidisciplinary virtual meeting, hosted by Evelina London, running daily at 11am (including weekends). This is a **consultant led** meeting comprising consultants from cardiology, rheumatology, general paediatrics, infectious diseases and intensive care / STRS. With the increasing numbers of patients to discuss it is important we make these meetings as efficient as possible, with this in mind please follow the instructions below to help ensure that the allocated time is used to discuss management rather than relay results:

1. All referrals require an updated form, including blood results, prior to the start of the meeting. The forms can be found [here](#).
2. The completed form should be emailed to gst-tr.echpims.ts@nhs.net by **10:30 where possible**.
3. Please **add the presenters name and NHS trust**, this helps us ensure that the meeting can be efficient and well organised.
4. The person presenting the patient must have seen the patient and if below consultant level must have the support of their consultant at the meeting where possible.

Details of the meeting login and time to join will be forwarded by email after submission of the referral form.

The generic details are: <http://bluejeans.com/356902755/7848> or using the blue jeans app
Meeting ID: 356902755
Passcode: 7848

STPN updates



Want an easy way to keep up to date with STPN events and news but without all of the chit chat? Then join our whatsapp group by clicking this link - <https://chat.whatsapp.com/FjbGTLWoTWp0hv7JXZSjRZ>

Tuesday 11 January - 14:00 to 15:00

STPN Monthly Network Call

Join us for our monthly network call. This meeting is open for all to join to hear about the latest work of the STPN, get updates on surge and also provides an opportunity for you to ask for advice and support from your colleagues and peers across the Network.

Click [here](#) to join.

Thursday 13 January – 17:00 to 18:00

STPN Grand Round

**Spinal Muscular
Atrophy
(SMA)**



**Treatment &
Diagnosis**

Thursday

13 January

17:00 to 18:00



**STPN Grand
Round**

Spinal muscular atrophy is one of the most frequently occurring recessively inherited genetic disorders. In recent years this has become a treatable condition, with a number of genetic modifying treatments made available, including direct gene replacement therapy. We will describe the treatment pathway for an infant/ child with SMA. We will detail the potential benefits of treatment and discuss how treatment choice is made for an individual infant/ child. We will also consider what further developments are likely in the management of SMA over the next 5 to 10 years.

[Click here to join this grand round](#)

For more information on our grand rounds click here - <https://stpn.uk/grandround/>



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