



July 2022 Network Update

Welcome to our monthly Network Newsletter which includes the latest information and resources that are available to support local planning and provision of clinical care. Don't forget to take a look at our website www.stpn.uk for more detailed information.

Staff update

We are delighted to welcome new members to our team:

Mary Aklog is our new Network Coordinator as Teresa Davey has moved to work for the Neonatal Network. Mary will be your first point of contact via the england.stpn@nhs.net mailbox.

Emma Whitcombe brings her clinical expertise in LTV and NIV into our new HEE funded LTV Clinical Skills Lead. Please do contact her via england.stpn@nhs.net if you are interested in providing support and education to upskill your teams.

Sammy Randall will join us on 25th July into an exciting new post as AHP Clinical Lead funded by the Tony Huggell Charity. Sammy will lead our project focussed on rehabilitation provision for children with complex needs. We will be getting in touch soon to link up with your AHP workforce, but please also link us up with your community colleagues as we know that much of the long term care will be provided by these teams.

Figure 1: General Paediatric Beds occupied (Jan – July 2022)

Activity across the region remains high, with no sign of a seasonal lull. Despite the hot weather outside all providers are feeling the usual 'winter' pressures. The blue line reflects the increased respiratory virus rates reported nationally.

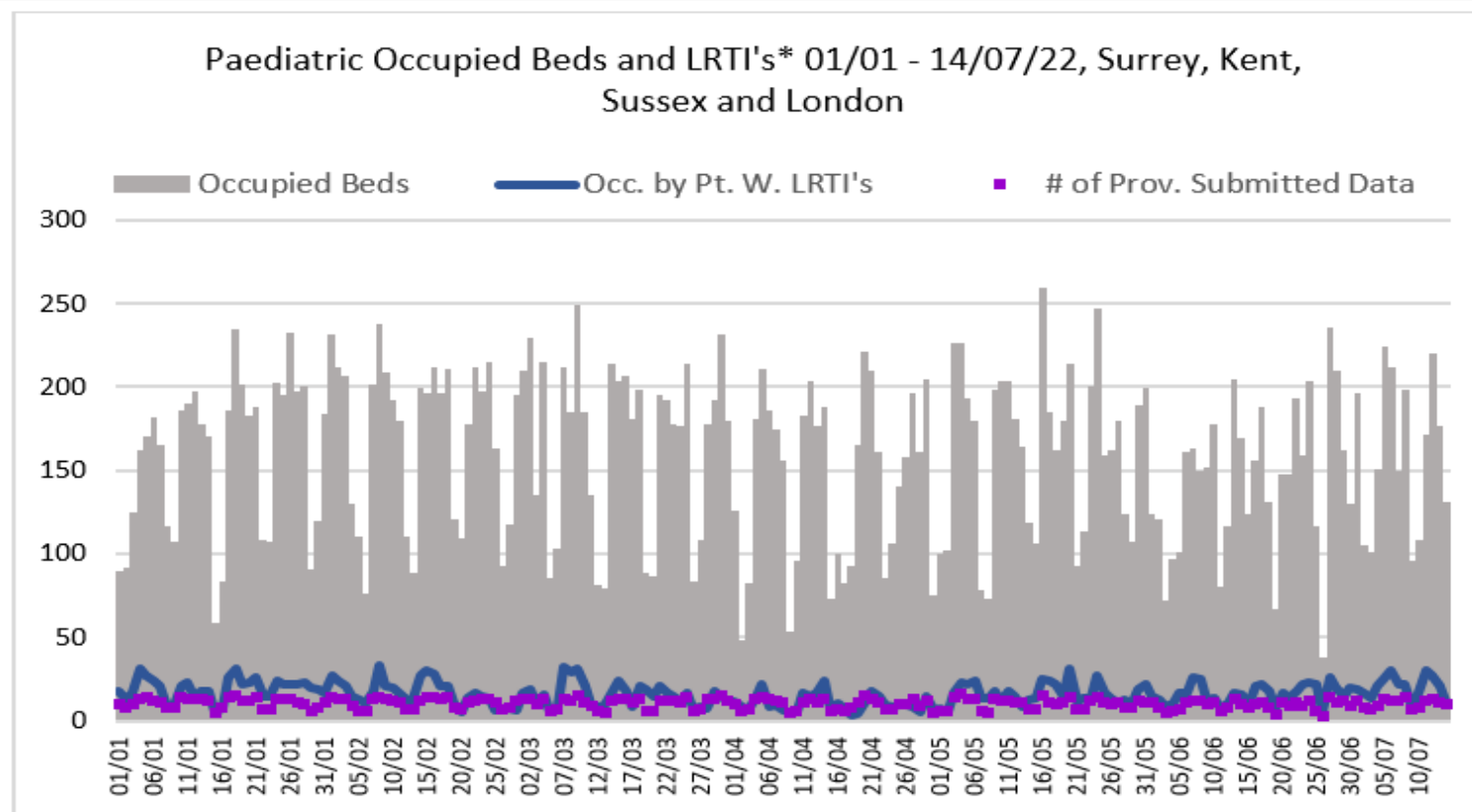
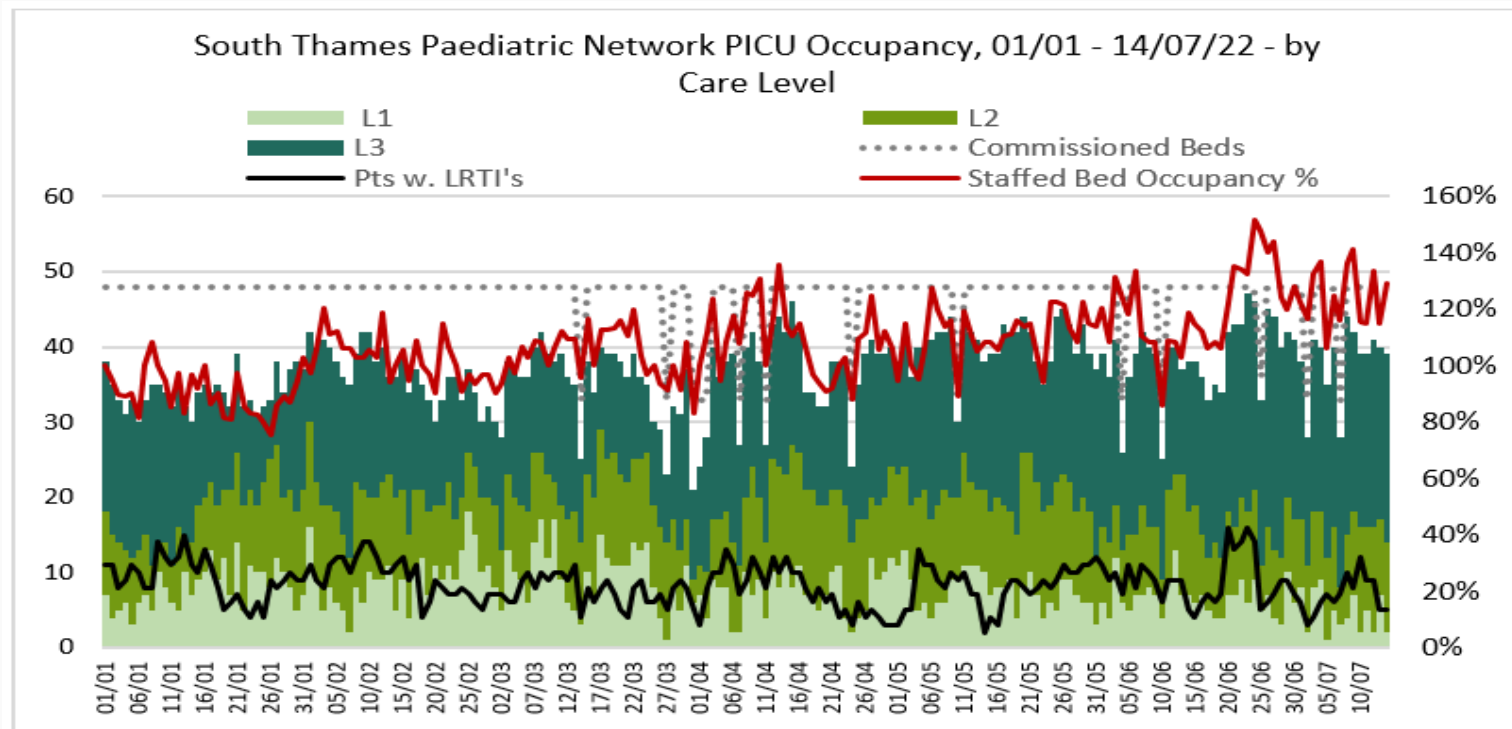


Figure 2: Paediatric Critical Care beds occupied (Jan – July 2022)

PCC activity also remains high, and unusually for South Thames region we have had a prolonged period of having between 0-1 bed daily for over two weeks. In effect, occupancy has exceeded 100% staffed capacity in PCC for most of the month across all three units. There has been a slightly drop in the number of beds occupied by children with lower respiratory tract infections, but this remains unseasonably high. Nationally PCCs are working at 94% capacity this week. There are currently 260 staffed beds across the system compared to 265 this time last year but more patients.



Palivizumab

Advice has been issued this week: The Chief Medical Officer has supported the National Expert Policy Group's recommendation that palivizumab clinics for at-risk infants should begin as soon as is practicable and the JCVI has agreed that the programme should start early.

At-risk infants that meet the Green Book criteria should therefore now receive palivizumab.

The JCVI have advised that, at this point, there is no indication that the cohort of at-risk infants should be extended and, therefore, palivizumab should **only be offered in line with the Green Book criteria and not the extended cohort covered in the last 2 seasons by the COVID-19 Rapid Policy Statement (RPS).**

Surgery in Children

Inter-Hospital Transfer Guidance

We'd like to ask your staff about their experiences of using the Inter-Hospital Transfer Guidance <https://stpn.uk/inter-hospital-transfer-guideline/>, and transferring or receiving patients, particularly your ED, Paediatric and Surgical trainees.

We have set up patients and families questionnaires to capture their experiences of being transferred to tertiary services. This will help us understand how we can improve the services that are provided to children and young people across South London, Surrey, Sussex and Kent.



Poster to print and
display & leaflet to
hand out please!

Please encourage staff and service user groups to complete the relevant questionnaire, by displaying the attached posters in staff and family areas.

There's a QR code on each poster to access the questionnaires

For DGH Teams:

[Download now](#) - DGH IHT Staff evaluation survey poster

[Download now](#) - Patient and Family IHT questionnaire poster

For Tertiary Centers:

[Download now](#) - TC IHT Staff evaluation survey poster

[Download now](#) - Patient and Family IHT questionnaire poster

Tonsillectomy and Adenotonsillectomy guide

Paediatric tonsillectomy is among the commonest elective children's surgery in the UK. National data show that, in recent years, many more children are referred to tertiary centres instead of being managed locally. The STPN's *Adenotonsillectomy/tonsillectomy Pathway* <https://stpn.uk/adenotonsillectomy-tonsillectomy-pathway/> provides a reference for what is considered best practice across the South Thames region: all units should perform tonsillectomy and adenotonsillectomy locally, as day cases, on patients ≥ 2 years ≥ 12 kg (see the algorithm in our guide).

Education:

- Always Learning Together at Lunch- Appendicitis Webinar
 - Appendicitis e learning and bitesize teaching plan
 - Coblation course
-

Long Term Ventilation (LTV)

Patient and Family experience

We have set up patients and families questionnaires to capture their experiences of being in hospital. This will help us understand how we can improve the services that are provided to children and young people with complex medical needs across South London, Surrey, Sussex and Kent.

Please encourage your staff to display the attached poster in family areas and print out our A5 version to hand out to patients/parents as part of the patient's discharge letter. There's a QR code and link on the poster and leaflet to access the questionnaire.

[Download now](#) - LTV Survey poster

[Download now](#) - A5 LTV leaflet for families and parents

LTV education for the acute hospitals

<https://stpn.uk/ltvedandresources/>

Discharge Reference Guide and Tools

It's already been 1 year since the launch of the Pan-Thames & WellChild's Discharge Reference Guide and Tools <https://www.wellchild.org.uk/for-professionals/research-resources/10-principles-for-complex-discharge/>. **Can you spare a few minutes to encourage your staff to complete this short questionnaire?** Your feedback will help us improve these regional documents to ensure they provide the information you find most useful in an easy to use format.



Scan this QR code
using your
smartphone or
tablet or click on
the link to
complete the
questionnaire

<https://tally.so/r/mODJQp>

LTV regional Virtual MDT starting in September

The management of a child on LTV is not always straight forward. We know that best place for a child to receive care is not always clear and involving all of the MDT across organisations that a child might be a challenging but required task to reduce safety concerns along the patient journey down the line. For this reason we've set up an LTV regional virtual MDT forum. **If you currently have a difficult case in your unit for which you'd like some expert support or whether you'd like to review a past challenging case please complete this form** and <https://stpn.uk/ltv-regional-mdt-form/>

LTV Regional Virtual MDT

The MDT will be on the
third Thursday of every month at 3:30

Access to the Virtual MDT is for paediatric LTV centres to discuss individual cases to plan ongoing treatment or discuss transfer of care where clinically appropriate.

To access the referral form go to <https://stp.n.uk/ltv-regional-mdt-form/>

No patient identifiable information

Gastroenterology

Referral pathways Interactive Map

We have created an [interactive map](#) in order to aid transparency across the network so all centres can see what procedures each hospital does. This map will be used to aid formalisation of the gastroenterology pathways across the Network. **Is your trust on the map?** If not please email us at england.stpn@nhs.net.

Constipation Quality of Life questionnaire

We have now had 136 response to our Quality of Life questionnaire. This information will provide us with an understanding of how patients and families cope with constipation in their day to day life so that we can improve services for them! Please encourage all your patients having constipation treatment to complete [our survey](#).

Safe Transfer Of Paediatric Patients (STOPP)

The STOPP tool (<https://stpn.uk/stopp/>) provides paediatric and surgical teams with a standardised, and objective approach to transfer while reducing the potential risk for error from human factors, and enhance local MDT and STPN insight into patient movement around the region.

Every child who is NOT critically ill, and who requires a inter-hospital transfer should have a STOPP tool completed. The best use of the tool is as a team approach to perform the checks and create a sound plan of action. At minimum there should be a qualified nurse and Paediatric doctor involved in the process.

Every quarter we will meet with each Trust's STOPP Tool lead to review the safety around non-critically ill patients transferred across the network. **Do you know who your STOPP tool lead is? If unsure please contact us at england.stpn@nhs.net**



Join us on Whatsapp!



Want an easy way to keep up to date with STPN events and news but without all of the chit chat? Then join our whatsapp group by clicking this link - <https://chat.whatsapp.com/FjbGTLWoTWp0hv7JXZSjRZ>

STPN education

Always learning together

Wednesday 20 July 09:00 – 15:00

CVAD Train the Trainer Study Course

STPN in Collaboration with The Royal Marsden are delivering a two part CVAD Train the Trainer Course. To find out more and register your place follow the link - <https://www.eventbrite.co.uk/e/334611129897>

Thursday 21st July Time 13:00hrs

Always Learning Together at Lunch- Appendicitis Webinar

Don't Miss! Feilim Murphy, STPN's Clinical lead for Surgery, presenting management of appendicitis, and the recommendations taken from the GIRFT Paediatric acute abdominal pain and appendectomy: Best practice pathway guidance, published just last month!

Sign up here! Only takes a few seconds!

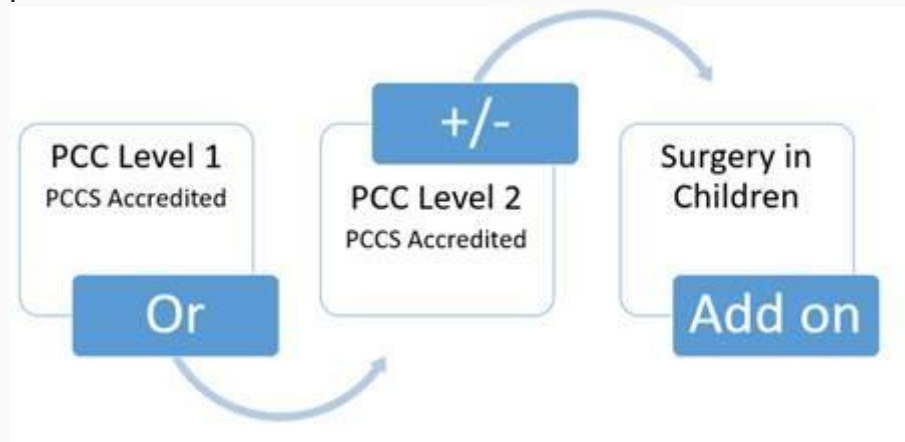
<https://www.eventbrite.co.uk/e/always-learning-together-lunch-management-of-appendicitis-tickets-382810956877>

Appendicitis e learning and bitesize teaching plan

Visit the STPN website for interactive e learning on managing children with appendicitis, learn about changes in the diagnostics of appendicitis and the growth of the use of ultrasound scanning to minimise negative appendectomy rates.

Autumn Course –Applications Open!

PANiCC with Surgery option



To find out more and register your place follow the link –

<https://www.eventbrite.co.uk/e/paediatric-acute-nursing-in-critical-care-panicc-tickets-362912319517>

Coblation course

We are working with Smith and Nephew to ensure all clinicians within our network who want to be trained in the coblation technique have the opportunity. Please email us at england.stpn@nhs.net if you want to be put on the next course during November (date TBC).

Long Term Ventilation

As part of the skills implementation role the STPN is now able to support and provide LTV education across the network's acute hospitals, both DGHs and Tertiary Centres. The training has no charge and will be delivered by LTV experts directly in your hospital through skills workshops & scenarios, complimented with resources for ongoing education.

Please email emma.whitcombe@gstt.nhs.uk for further information and to book training days.

Other Updates and information

September 2022

Pathway to Children's Nursing Course

There are plenty of places available for Adult registered nurses working in paediatrics on the September occurrence of the Pathway to Children's Nursing course starting in September. For further details and booking please follow the link - https://pathway_to_childrens_nursing_sept22.eventbrite.co.uk

How does the NHS in England work and how is it changing?

The Kings Fund have produced this recording to provide more clarity on how the NHS is changing and more information about ICSs. Please share with your colleagues and Networks.

https://www.kingsfund.org.uk/audio-video/how-does-nhs-in-england-work?utm_source=twitter&utm_medium=social

NICE guideline on Diabetes (type 1 and type 2) in children and young people: diagnosis and management – periodontal disease

NICE have now published this guidance. This can be accessed via this link

<https://www.nice.org.uk/guidance/NG18>

[#AskAboutAsthma](#) is back this September for its sixth year.

For 2022, the [#AskAboutAsthma](#) campaign will run from **12 – 18 September**, a week earlier than previous years. This is so everyone can take the learning, resources and key information shared to be even more prepared for week 38. Nationally, week 38 is the week where there is a rise in asthma attacks following the return to school after the summer holidays.

The [#AskAboutAsthma](#) campaign encourages children and young people, their families, and those involved in their care, to ensure four simple and effective measures to help them control their asthma:

1. Get an [asthma action plan](#) in place
2. Understand how to use [inhalers](#) correctly
3. Schedule an [asthma review](#) – every year and after every attack
4. Consider [air pollution](#) and its impact on lung health

This year we are highlighting the additional challenges caused by **inequalities** in care for children and young people with asthma and how these can be addressed.

Throughout the week there will be webinars, podcasts, blogs, vlogs, social media activity and a one-day virtual conference. Details of the one-day conference and webinars can be found below.

One-day virtual conference

This year's [one-day virtual conference](#) will be held on **14 September 2022**.

There will be sessions on:

- Air pollution and asthma
- The impact of the National Bundle of Care on reducing health inequalities
- Asthma and the green agenda
- How data can improve care and reduce health inequalities
- Clinical and national updates.

Further information and registration details can be found [here](#).

Daily webinars

As part of **#AskAboutAsthma 2022** we are hosting daily webinars from 12 – 16 September focused on children and young people's asthma care. These events are designed for stakeholders across the spectrum of CYP asthma systems.

- **Ask The Expert webinar (Monday 12 September: 12.30 – 13.30)**
This webinar is an interactive session for children, young people and their families, as well as everyone working in the field of CYP asthma. You will hear from experts responding to the most common questions children, young people and their families have on asthma with a focus on health inequalities. For further information and registration details, please click [here](#).
- **Pharmacy webinar (Tuesday 13 September: 19.30 – 20.30)**
This evening webinar will highlight best practice and innovation within CYP asthma, with a specific focus on how pharmacy can improve equitable access to care. You will hear some of London's leading pharmacists around which spacer to use, South East London's Pharmacy Scheme and South West London's Whole Systems Pharmacy work. For further information and registration details, please click [here](#).
- **Nurses webinar (Thursday 15 September 12:00 – 13:00)**
This webinar focuses on the vital role that nurses can play in reducing health inequalities in children and young people's asthma care. Topics will include CYP asthma transformation at PCN level, reducing salbutamol use post-discharge and addressing health inequalities through the Asthma in Schools project in Norfolk. For further information and registration details, please click [here](#).

- **Primary care webinar (Friday 16 September: 12.30 – 13.30)**

This webinar will update you on developments in children and young people's asthma care, with a focus on addressing health inequalities through primary care. You will hear from leading paediatricians on annual reviews and inhaler checks, referrals to severe asthma services and diagnosing viral wheeze and asthma. For further information and registration details, please click [here](#).

Mental Health Clinical Delivery Team (NHS England – South East)

Are you working in Paediatrics supporting CYP with Mental Health Issues? Please come and join us to talk about the Challenges.

Wednesday 27 July, 11am – 12pm.

We have the pleasure of inviting you and/or interested colleagues in your ICS to a **Rapid Insight workshop hosted by The SE NHS England Regional Mental Health Team with Wessex & KSS(Kent, Surrey and Sussex) AHSNs**. This session will focus on minimising restrictive practice in paediatric (acute) settings.

- If you are someone who works within paediatric acute services, we are really keen to hear about your experiences of restrictive practices for children and young people with mental health issues who you care for on your ward. It will be extremely valuable to gain your input at this collaborative rapid insight workshop. The findings will help us work together to shape future engagement and offer support to ensure safe and effective delivery of care to this patient group.
- For those who have not joined an event like this before, we will pose 5 questions and ask for your feedback and thoughts. It is a fantastic opportunity to get contributions from all involved, is fast paced and 'Rapid Insight' is a recognised approach to gain insights quickly and share best practice.
- Please respond to this invite to confirm your attendance by emailing address below, and we look forward to seeing you there.

Email: england.mhldasoutheast@nhs.net Website: www.england.nhs.uk and www.southeastclinicalnetworks.nhs.uk

Network updates and information

REACH Service

Do you have children and young people with **hemiparesis** in your area?

Are you're interested in providing them with more intensive, **evidence** informed upper limb rehabilitation?

If you missed our webinar on 13th July where the **Evelina REACH Rehabilitation Service** for upper-limb interventions for children and young people with hemiparesis, please see details below.

- The **Evelina REACH Rehabilitation service** provides individualised, evidence-based outpatient rehabilitation.
- We offer **activity-based goal-directed programmes targeting arm and hand function** for infants, children and young people with hemiparesis within the boroughs of south London, Kent, Surrey and Sussex.
- Our programmes are delivered in partnership with young people, parents/carers and **community-based therapists**.

For more information and how to refer go to www.evelinalondon.nhs.uk/reach or feel free to reach us on, Tel: 020 7188 9427 Mob: 07717 680 883 or evelinareach@gstt.nhs.uk

Pathway to Children's Nursing - online education event

The Pathway to Children's Nursing cohort consists of five blocks of study and two optional enrichment days (dependent on COVID restrictions), enabling you to experience and consolidate your understanding of the 'well child'.

As part of this cohort, you will have access to a wide range of learning activities and resources hosted on Ocean2Sky.uk.

Topics Covered

- The well child
- Paediatric A+P and assessment
- Legal and ethical considerations in paediatric nursing
- CAMHS and disorders of development
- Communication and managing the deteriorating child

For more information on this course and to register your place, click [here](#).



Our mailing address is:

england.stpn@nhs.net

Network Managers:

Sally Watts and Harriet Ward
07918 338799 and 07342 068632

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

This email was sent to [<<Email Address>>](mailto:)

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

South Thames Paediatric Network · Becket House · Lambeth Palace Road · London, SE1 7EU · United Kingdom

