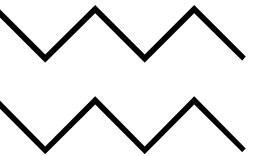


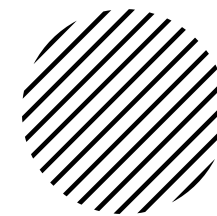
# A CAN OF WORMS WORTH OPENING

EPILEPSY QI PROJECT





# Team



**Dr Maria Garcia**  
**Paediatric Epilepsy**  
**Consultant**



**Naomi Hodges**  
**Epsom Paediatric**  
**Epilepsy CNS**



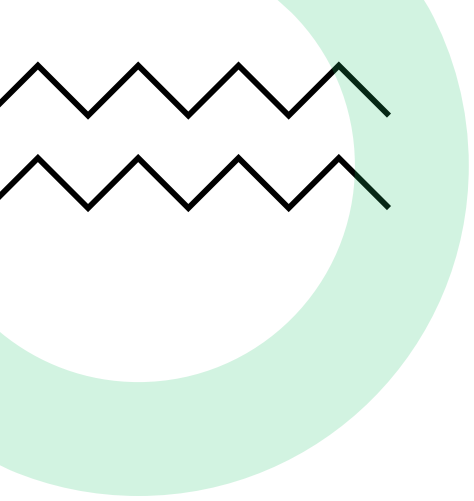
**Florence**  
**Kennard**  
**St Helier Paediatric**  
**Epilepsy CNS**



**Dr Nichola**  
**Hodges**  
**Paediatric Registrar**





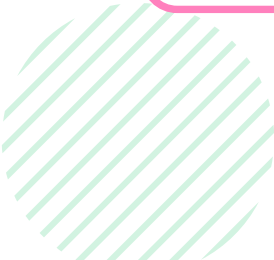
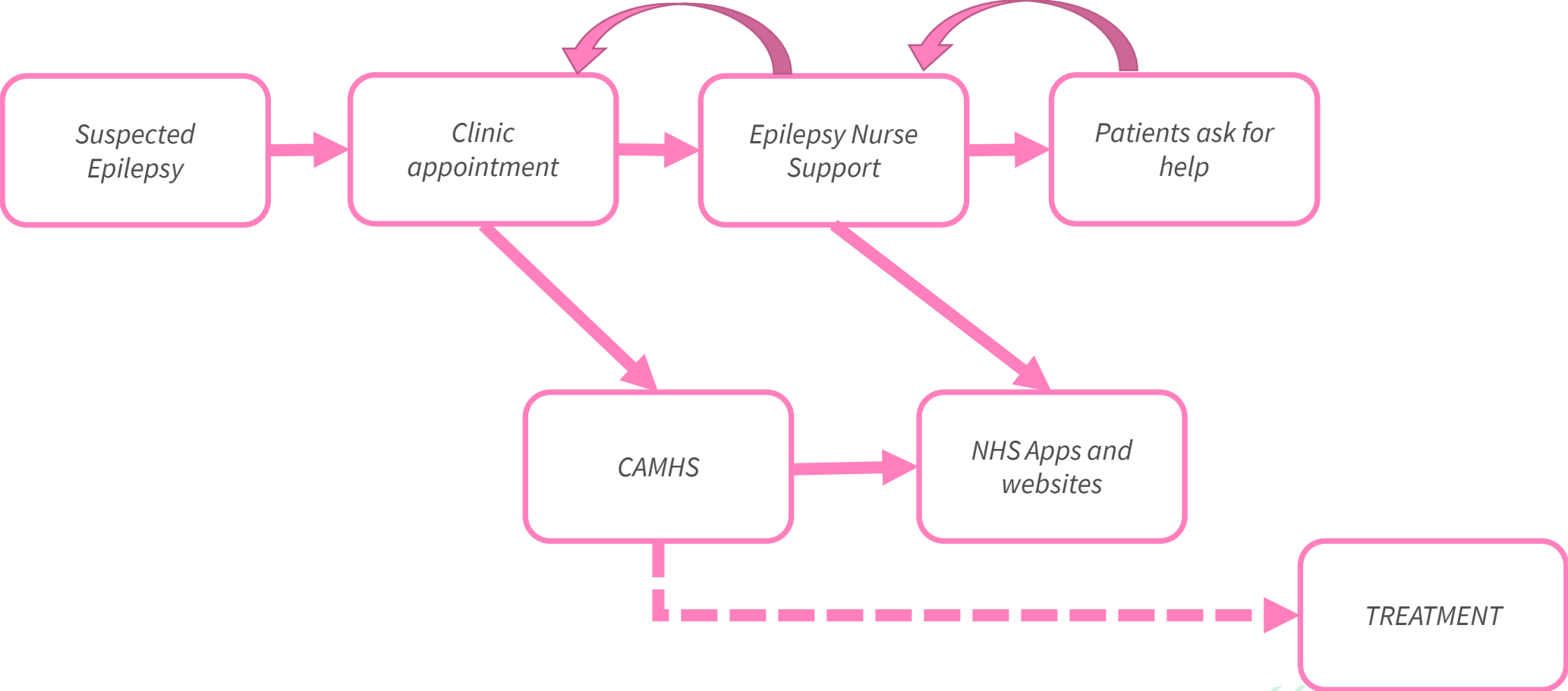


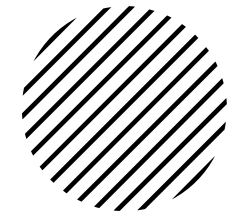
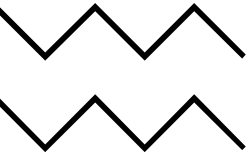
The epilepsy team don't know  
which children are struggling.  
Mental health problems don't get  
picked up until very severe.  
This is too late and leaves  
children in pain for too long.

## Problem Statement

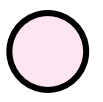
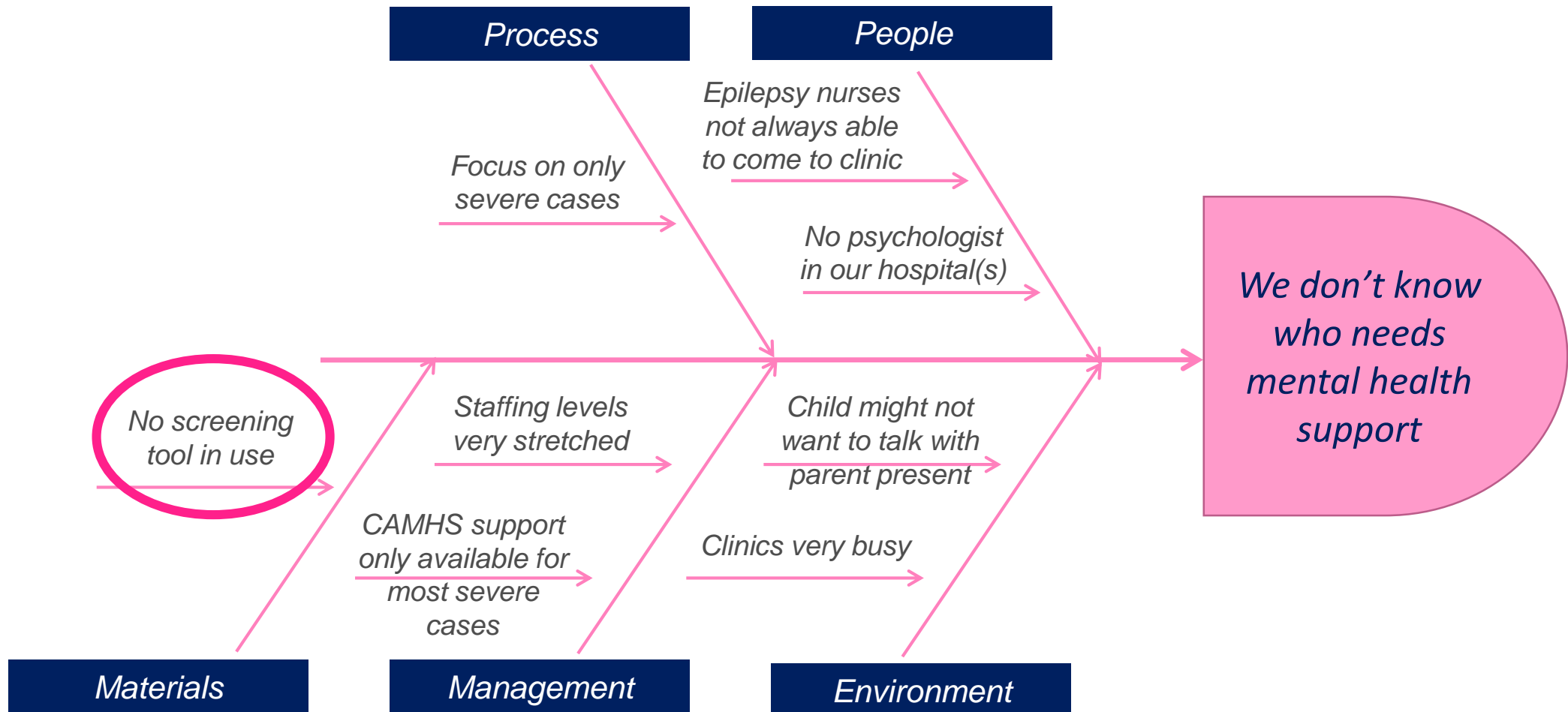


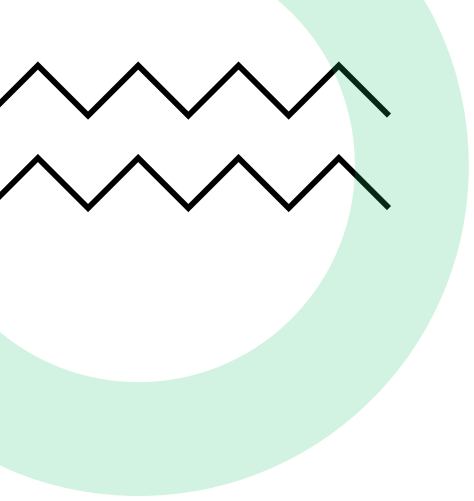
# Process Map





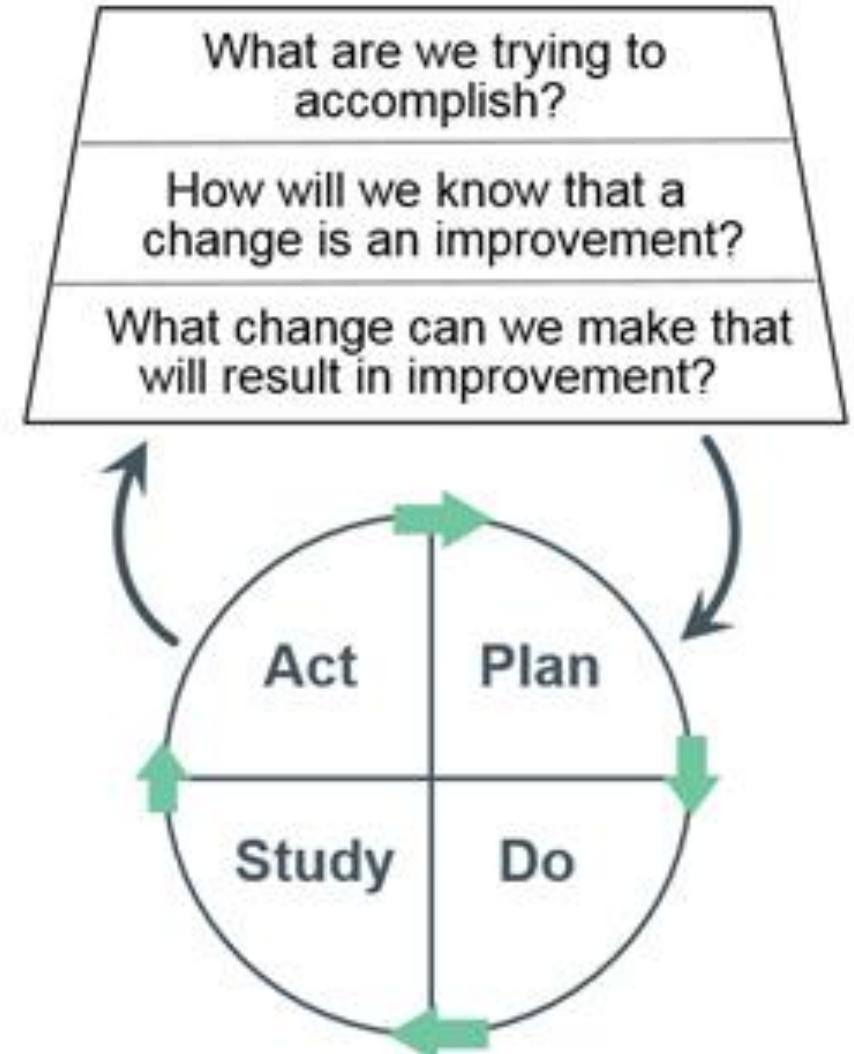
# Cause and Effect Fishbone

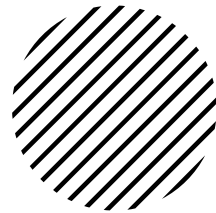
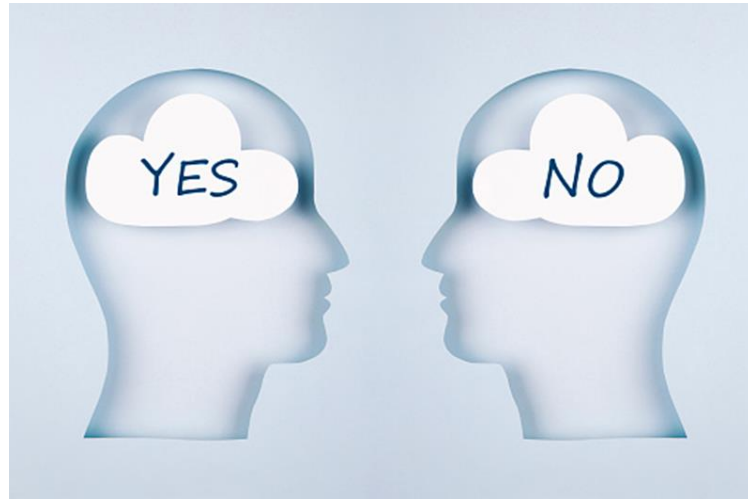




# QI Reminder

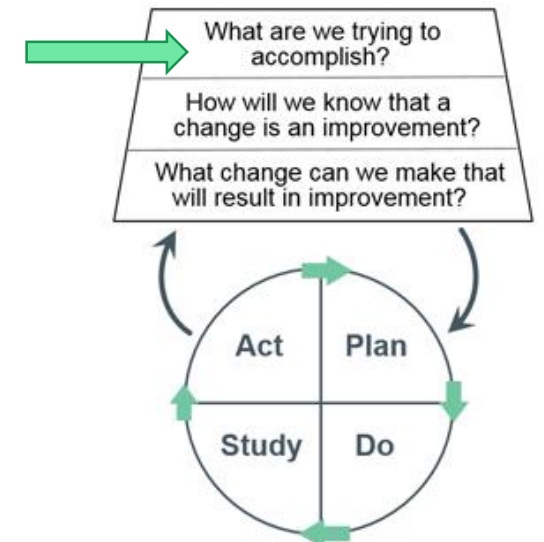
Model for Improvement





# Aim of the Project

*To develop a standardised screening tool to identify the mental health status of ALL new patients*



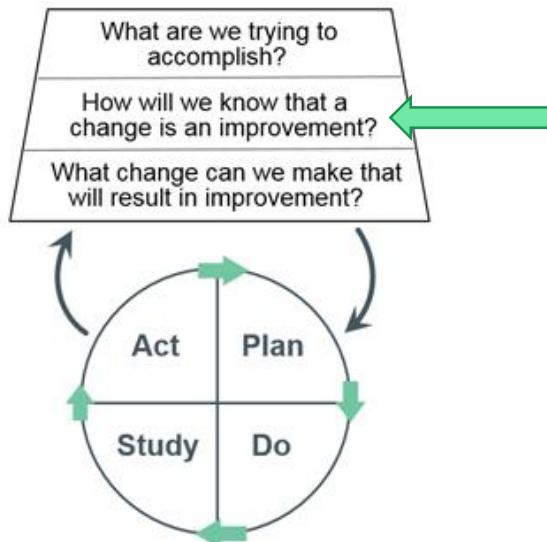


# Measures



## Key Measure

- *Numbers of patients who were screened using HEADS-ED tool*

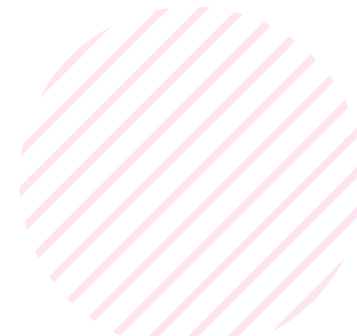


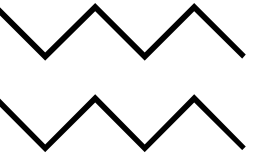
## Inclusions

- *Age >5 or school age (as starting school can often be a trigger for issues with anxiety)*

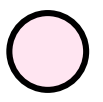
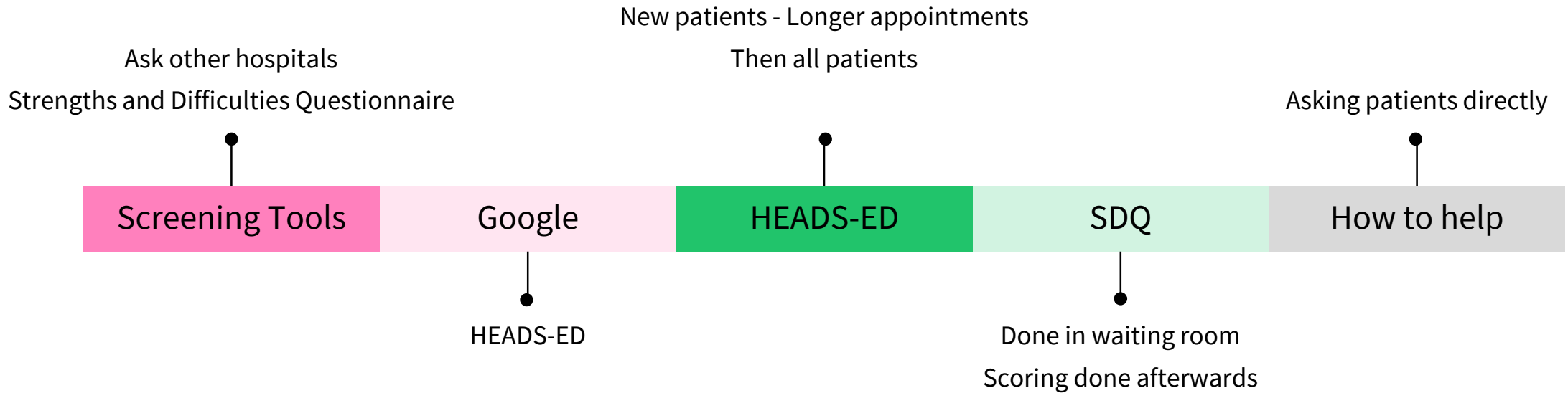
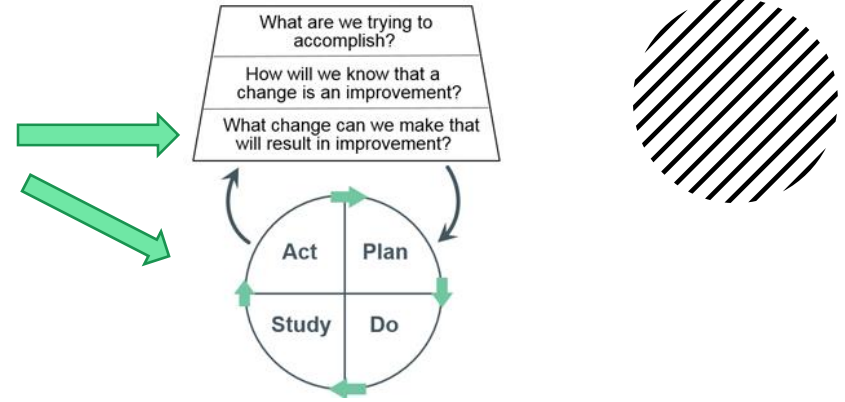
## Exclusions

- *Children <5 years old or in pre-school*
- *Those patients with severe neurodisability who are unable to communicate*





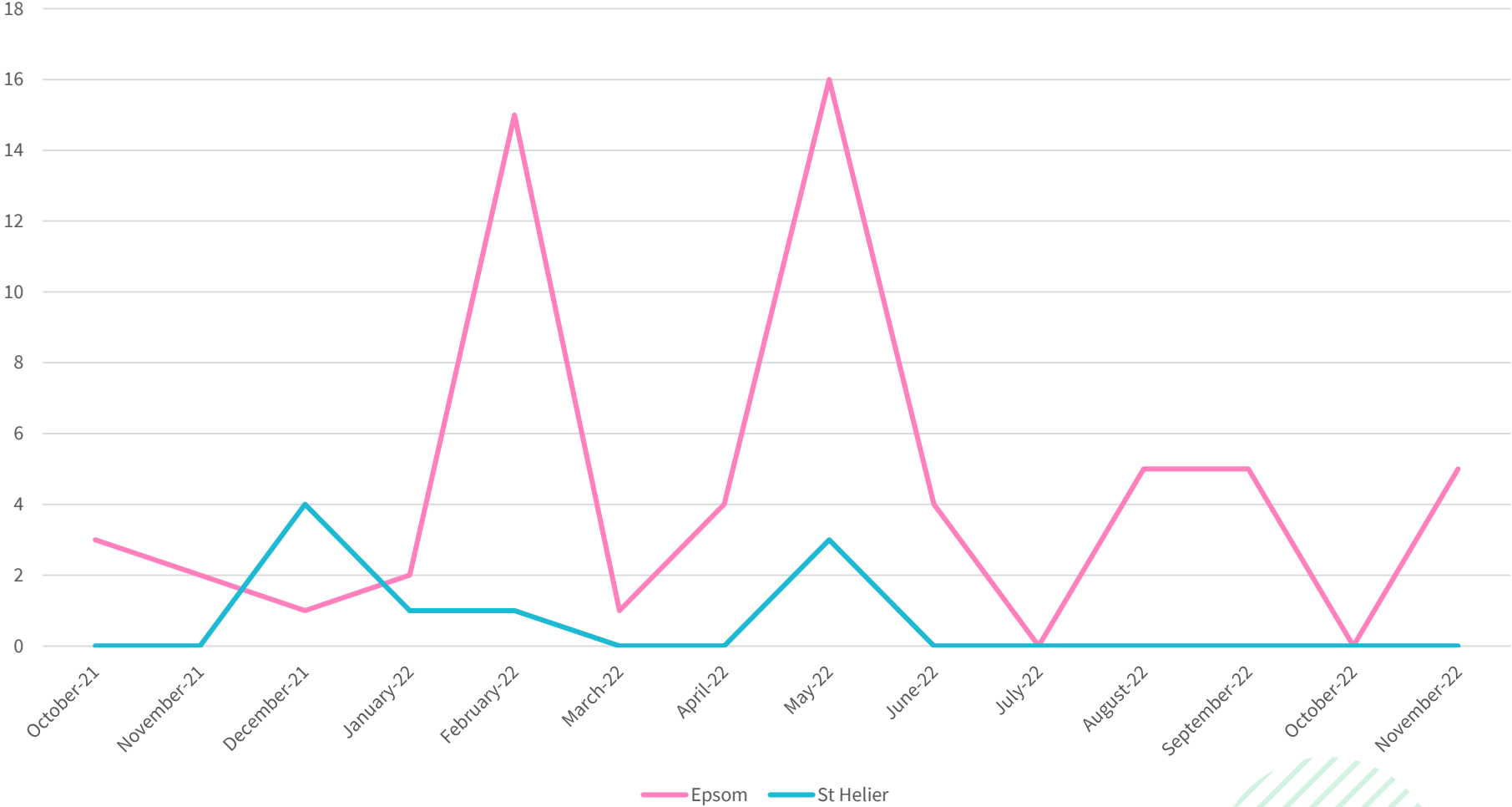
# Change Ideas and PDSAs



# RESULTS



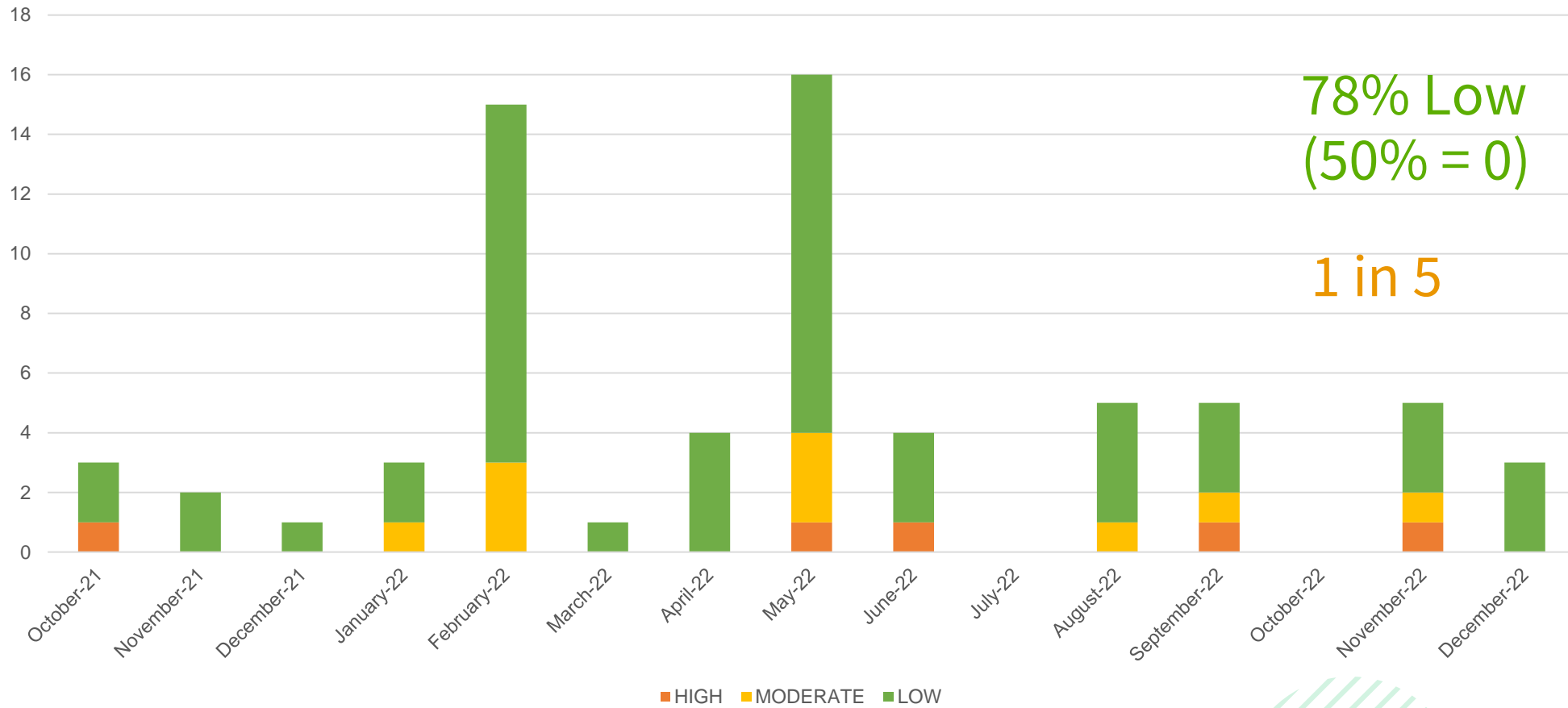
# Run Chart



# Mental Health Risk



Mental Health Risk

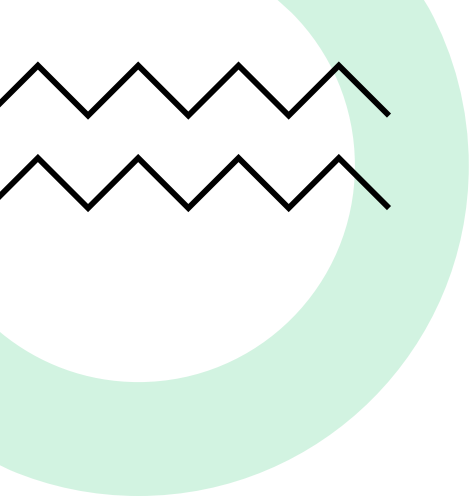


# Other Data



- Split by gender?
- New vs Follow-up?





# Beyond Statistics

Opening a can of worms



Changes the atmosphere of the discussion



Starts a conversation



# Learning Points



## HEADS-ED

- Quick, works well within 40 minute appointment
- Simple with open questions
- If positive responses – usually need to ask for more detail

## SDQ

- Longer and more prescribed
- Worked better filled out beforehand
- Needs analysis and additional work
- Gives a lot more detail



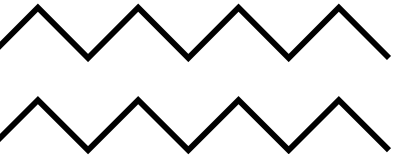




# Talking points

## *Next Steps*

- *What can we offer those with issues?*
- *How should we deliver the information?*



**THANK  
YOU**

NICHOLA HODGES  
Nichola.hodges@nhs.net