



NHS Foundation True

NHS

University Hospitals Birmingham

**Imperial College Healthcare** 

The Burdett National Transition Nursing Network

**South Thames Paediatric Network** 

17<sup>th</sup> May 2023 Louise Porter National Lead Nurse Burdett National Transition Nursing Network



Somerset NHS Foundation Trust





### Where we started



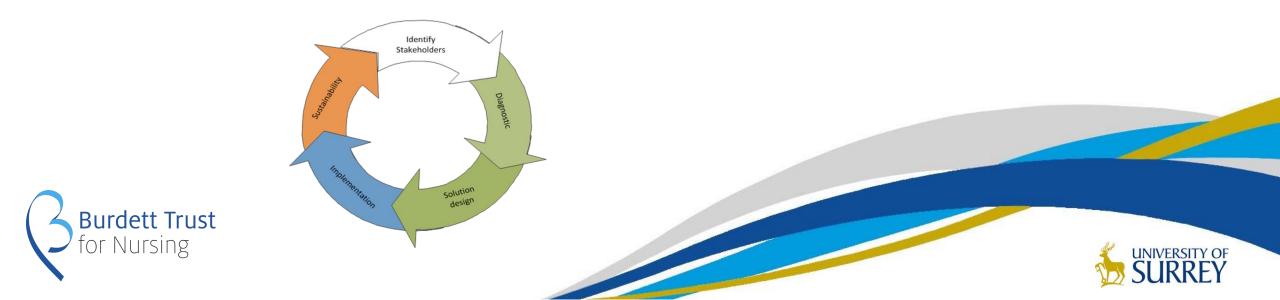
### Funding from the Burdett Trust For Nursing



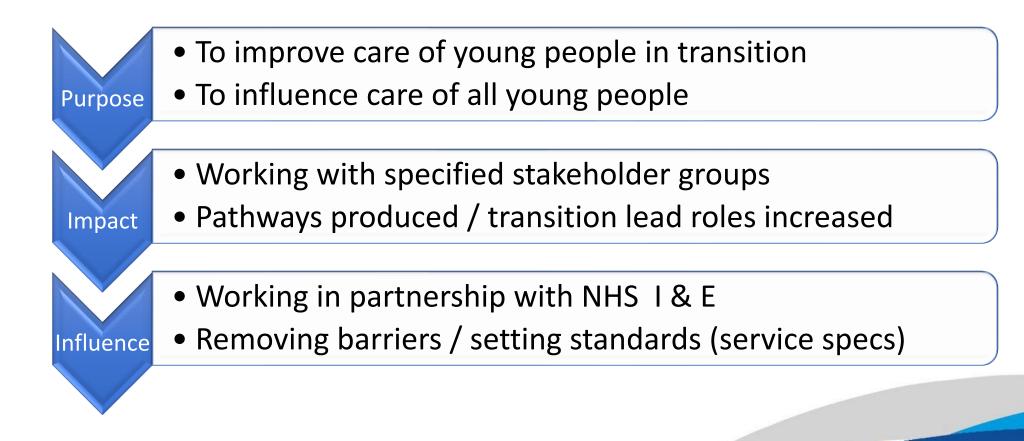


### Where we started

- Three year project aimed at improving transition experience of young people across England
- Roll out of Leeds Transition Quality Improvement Model
- Evaluation of the effectiveness and adaptability of the model by an experienced team of researchers



### Burdett National Transition Nursing Network







### **Regional Nurse Advisors**



Emma Powel



Stella Carney



Nathan Samuels



Nigel Mills



Lucy Duncombe



Josette Niyokindi







### What has been achieved



## **Four Regions**

#### Our regional footprints

#### North East and Yorkshire

1. Cumbria and the North East 2. West Yorkshire and Harrogate 3. Humber, Coast and Vale 4. South Yorkshire and Bassetlaw

#### North West

5. Lancashire and South Cumbria 6. Greater Manchester 7. Cheshire and Merseyside

East of England 19. Cambridgeshire and Peterborough 20. Norfolk and Waveney 21. Suffolk and North East Essex 22. Bedfordshire, Luton and Milton Keynes 23. Hertfordshire and West Essex 24. Mid and South Essex

#### London

25. North West London 26. Central London 27. East London 28. South East London 29. South West London

South West 8. Staffordshire and Stoke on Trent 9. Shropshire and Telford and Wrekin 37. Devon 10. Derbyshire 11. Lincolnshire 12. Nottinghamshire 13. Leicester, Leicestershire and Rutland 40. Bath and North East Somerset, 14. The Black Country 15. Birmingham and Solihull

#### 41. Dorset 16. Coventry and Warwickshire 17. Herefordshire and Worcestershire

18. Northamptonshire South East

30. Kent and Medway 31. Sussex and East Surrey 32. Frimley Health and Care 33. Surrey Heartlands 34. Buckinghamshire, Oxfordshire and Berkshire West 35. Hampshire and Isle of Wight

36. Cornwall and the isles of Scilly 38. Somerset 39. Bristol, North Somerset and South Gloucestershire Swindon and Wiltshire 42. Gloucestershire

1

### Health Education England - North East and Yorkshire

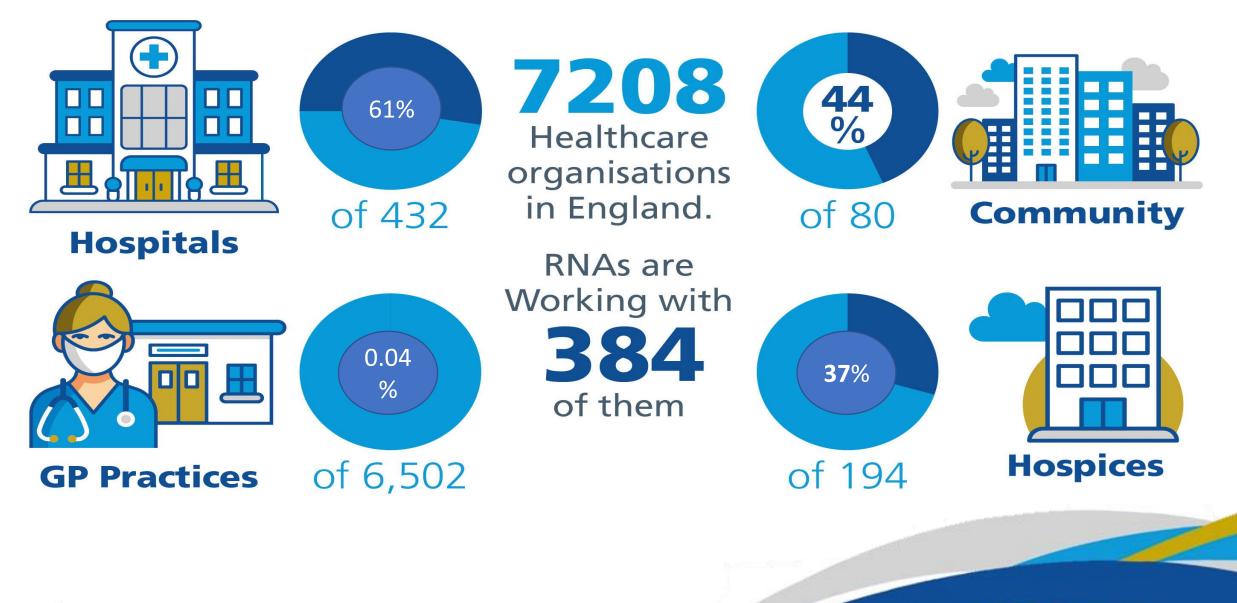
- North West
- East of England
- Midlands
- South West

- South East - Wessex \*Dorset will continue under South East

- London

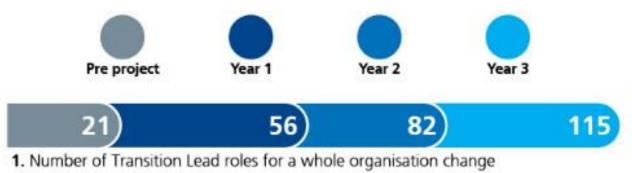


### **Burdett National Transition Nursing Network**



# What has been achieved

### **National Transition Overview**





2. Number of organisations working through Transition QI process



3. Number of organisations with transition contact



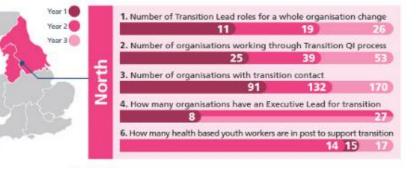
4. Number of organisations with an Executive Lead for transition



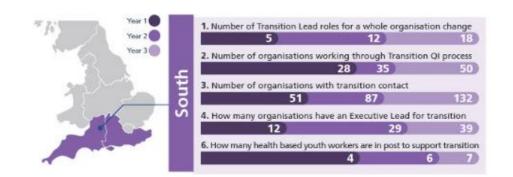
6. How many health-based youth workers are in post to support transition

#### 1. Number of Transition Lead roles for a whole organisation change Year 2 10 13 Year 3 🕘 2. Number of organisations working through Transition QI process nobn 5 13 3. Number of organisations with transition contact 24 43 0 4. How many organisations have an Executive Lead for transition 9 10 6. How many health based youth workers are in post to support transition 0

### Regional Breakdown of Measures 1 - 4 and 6









for Nursing

### Measures 5, 7 & 8



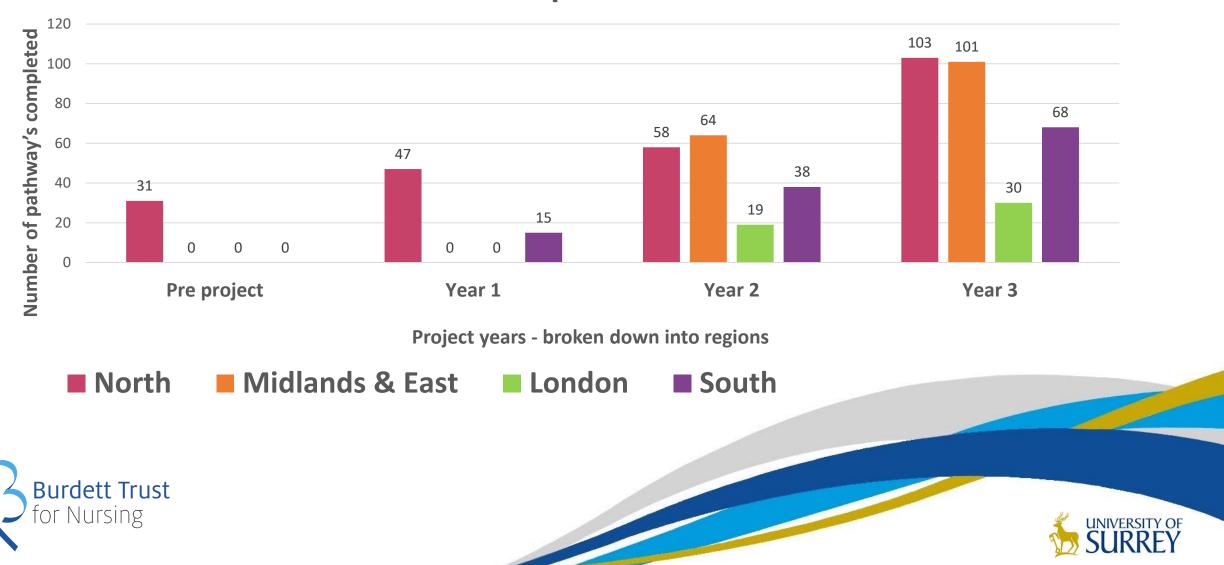
**Measure 7** Number of organisations with processes in place to use feedback from young people to support service improvement



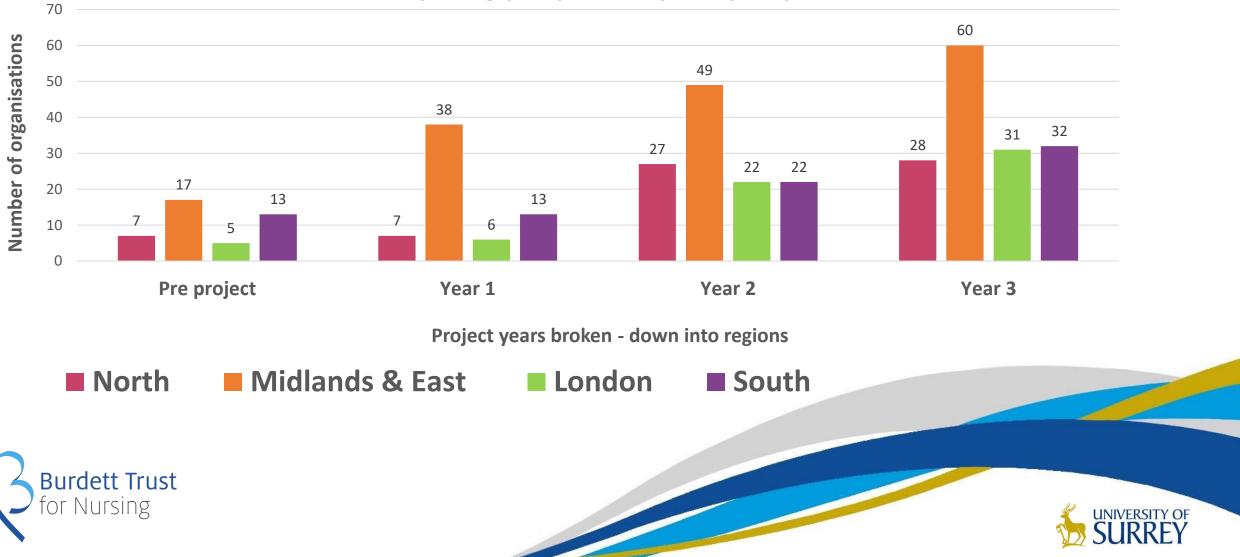
**Measure 8** Number of organisations with effective Transition governance processes in place e.g. transition board, steering group, organisational policy and reporting



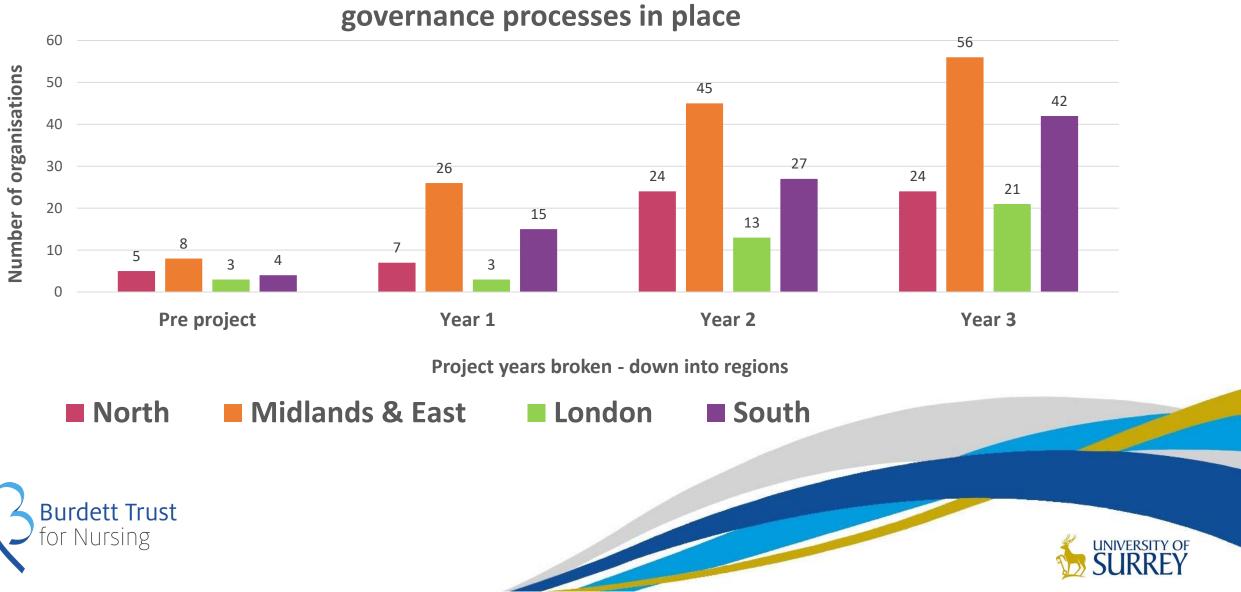
# Measure 5. Number of Quality Improvement pathways completed



## Measure 7. Number of organisation with processes in place to use feedback from young people for quality improvement

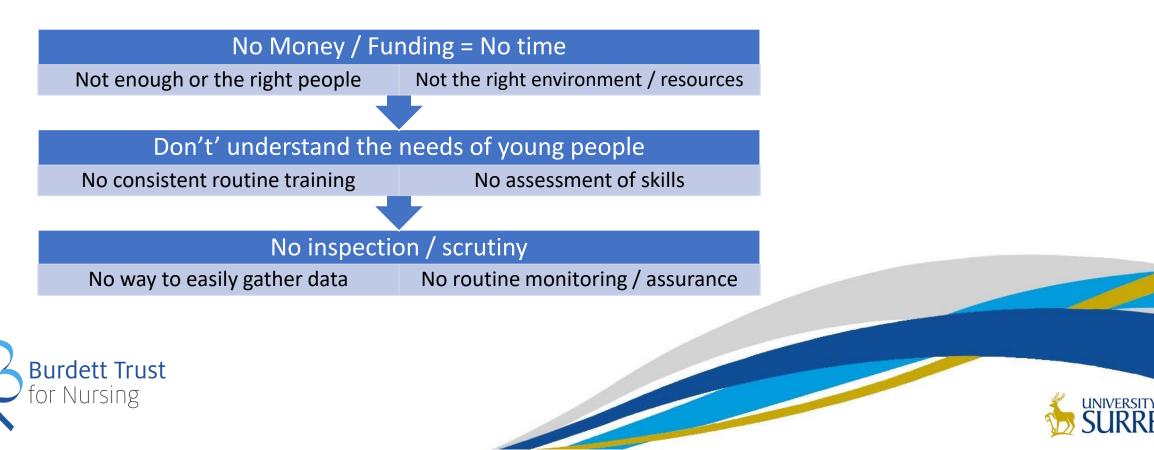


### Measure 8. Number of organisations with effective transition



### Our experience told us

- There were high level barriers to transition
- Without removing them providers would struggle to deliver transition



### Transition

# Staff need help to change

National Framework for transition Model of care for young people in GPs

National transition training package Capability Framework for the care of young people and transition

Reporting Governance

Funding transition pathways

Data collection Complex needs and monitoring coordination



CQC briefing paper for inspection of adult services for the care of young people To make it happen

Time Money / funding Resource Training / Skills Inspection monitoring Scrutiny



National framework for transition

Core capability Framework for the Care of Young People and Transition

National training package for the care of young people and transition

**Community Currencies for transition** 

CQC

Data collection (transition code)





### **Best Practice** Aiming for Outstanding

Developmentally appropriate healthcare for all

Transition preparation and Support 11 – 25 years (For those

for newly presenting Adolescents and Young Adults moving into adult care)

Appropriate care

### NICE Guidance and Standard 2016

Benchmarks for transition

### Core Capabilities for Care of YP & Transition

National Framework for Transition

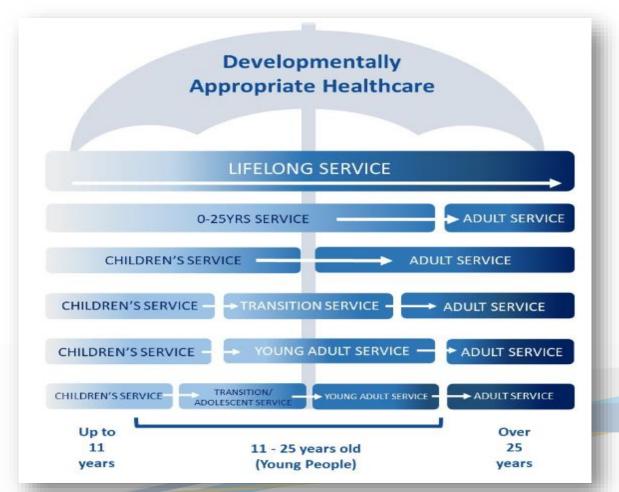
National Training Package for care of YP & Transition





## National Framework for Transition

Delivery models/pathways of care for a 0-25 service









# **Core Capabilities**

Core Capabilities Framework for all healthcare staff to ensure high quality care of young people: including supporting them as they transition from children's into adult services







Core Capabilities Framework for all staff to ensure high quality care of young people: including supporting them as they transition from children's into adult services

### Aim

Burdett Trust for Nursing

The Core Capabilities Framework for the care of all young people including Transition aims to identify and describe the knowledge, skills, behaviours and attitudes that the healthcare workforce needs to apply in order to deliver high quality, compassionate, personalised care to young people. It will provide a single, consistent, comprehensive, and explicit framework on which to base review and development of all relevant staff across clinical services.

The framework will determine standards for transition education and training and will assist in measuring if education and training satisfies these standards.

Currently there is no national framework that addresses the core skills and knowledge required to equip the workforce to provide personalised, high quality care for young people transitioning between services

### Scope

The framework will be applicable to all healthcare employers and also to educational organisations who train students who will subsequently be employed in the healthcare workforce.

Consistent with other frameworks, the capabilities described in the framework are defined in tiers.

### Structure

14 capability headings – capability statements in each

**Tier 1** – Those who care for young people aged 11-25yrs

**Tier 2** – Health and social care staff and others who regularly work with young people transitioning between services

**Tier 3** - Health, social care, and other professionals with a role in leading and or transforming transition



Capability	Capability Heading
1	Young people's development
2	Communicating with young people
3	Preparing for adulthood
4	The role of parents carers and significant others
5	Challenges for and influences on young people
6	Providing accessible high quality developmentally appropriate healthcare for young people and engaging them in their care
7	Confidentiality
8	Consent
9	Safeguarding
10	Multi-disciplinary working in partnership and collaboration across organisational boundaries
11	Involving young people in improving and developing services
12	Hospice and palliative care support
13	Complex needs transition
14	Leadership and transformation in transition

Tier 1 The knowledge, skills, attitudes and behaviours for all staff working with young people aged 11 to 25 years in healthcare settings

Tier 2 Knowledge, skills and attitudes and behaviours of all staff who work directly with young people aged 11 to 25 years who are in, or require, healthcare transition from children's into adult services. This includes support for young people to be settled and engaged within adult services.

Tier 3 Enhancing the knowledge, skills, attitudes and behaviours of all healthcare staff who are responsible for the leadership, transformation and monitoring of transition services.



## Why so many documents?

Process	<ul> <li>NICE Guidance /SEND Code of Practice</li> <li>Benchmarks for Transition</li> <li>National Framework for Transition</li> </ul>
Skills	<ul> <li>Core Capabilities for the Care of Young People and Transition</li> </ul>
Knowledge	<ul> <li>National training package</li> <li>You're Welcome</li> </ul>





### Transition overview of national work





Research study looking at barriers to transition being implemented or delivered

- Acute trusts
- Community
- General practice

Final report and recommendations expected June 2023





## NIHR Med Tech Transition

### **Two workstreams**

1. Mind The Gap

Digital patient / service evaluation tool

2. Transition Videos project

National transition films for improving information sharing with patients and parents





## Me First

### **Transition module**

**CYP** Communication training

Developed by Common Room and GOSH

### **Two stages**

- Fundamentals communication Training
- Transition communication Training

### Available now





## Hospice UK / Together For Short Lives

### ECHO Hospice UK

Transition project over 3 years (3 sites)

Establishing communities of practice re transition patients known to hospices

### **Together for Short Lives**

Guide to stepping up (updated 2023) Transition Webinars

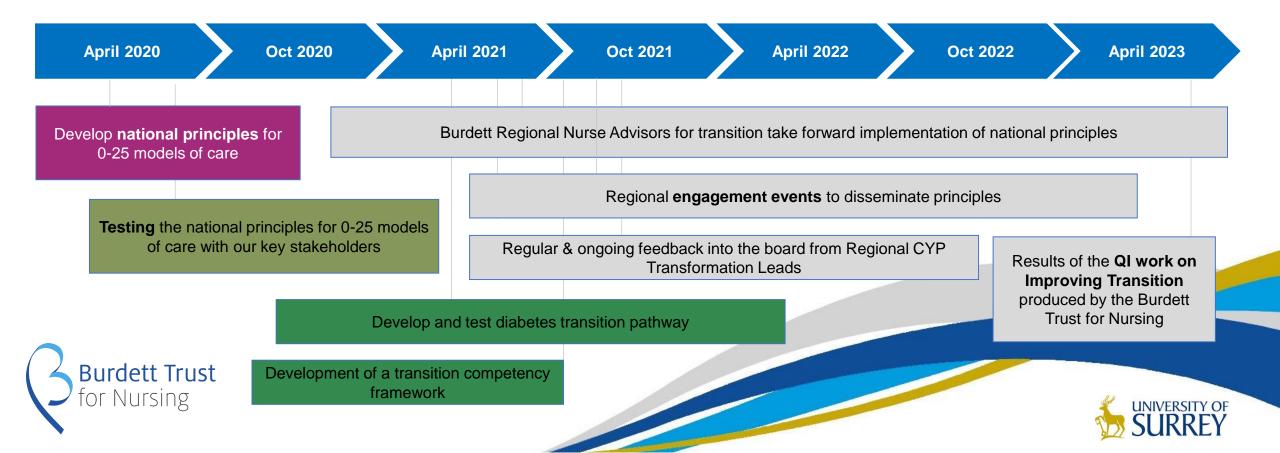




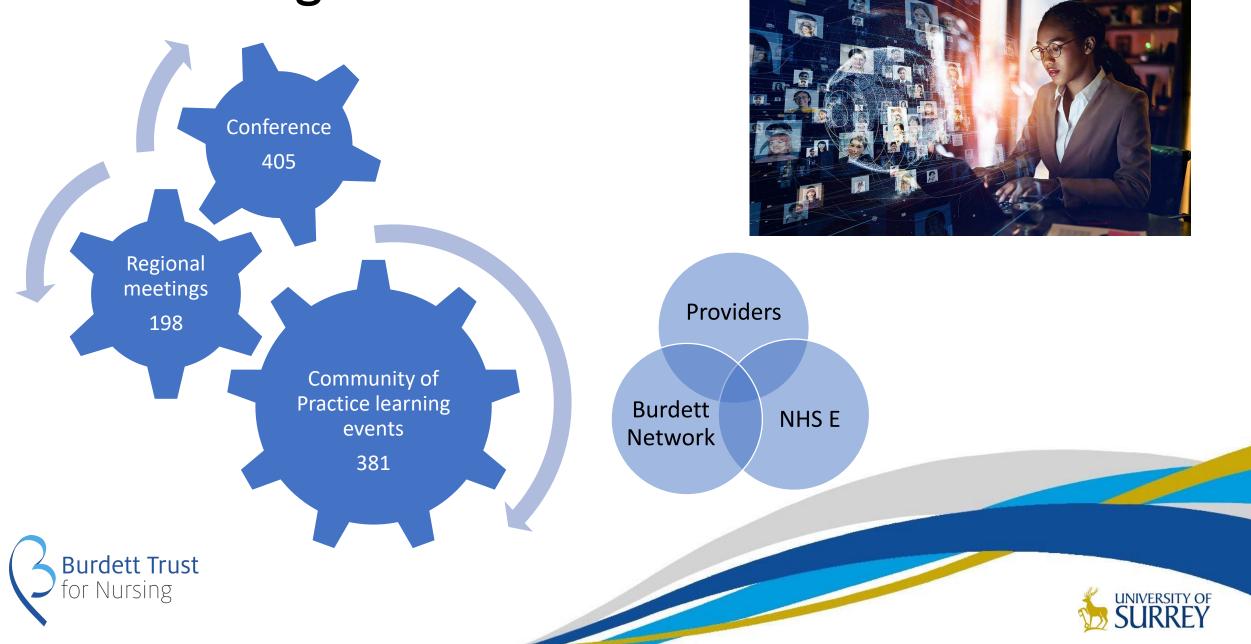
# We will work across NHS England and NHS Improvement to develop a framework for transition and move to a 0-25 model of care

Ambition

By 2028, no child or young person will be able to become lost in the gaps between children's and adults services, and that their experience of moving between services is safe, well planned and prepared for and they feel supported and empowered to make decisions about their health and social care needs.



## **Networking Success**



# Next Steps

- National Lead Nurse role to continue for 6 months to handover
- RNAs work concludes May 2023, discussions about who pick up their work
- Supporting –NHS England to develop next steps
- Research evaluation continues to 2024

### The team









# Thank you

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